

I am 56 years old and have been suffering from chronic migraine headaches for 6 years. These headaches are always present to varying degrees of intensity. Over the years, I have tried every avenue I could think of in order to get some relief: physiotherapist, osteopath, neurologist, menopause specialist, allergist, dentist, and chiropractor; I also took different kinds of medication and tried acupuncture. Nothing brought lasting relief. Last June, a friend, who was a very satisfied client of Wellness Natural Health Centre, suggested I consult with Susan the owner.

I did not know anything about "Wellness Natural Health Centre" but I was still hopeful that someone somewhere could find what was causing these headaches and naturopathy was something I did not try yet.

For the last four months now, I have been going to "Wellness Natural Health Centre" every week; I took some tests that were quite revealing; Susan made some findings that were very interesting and that had not been detected by doctors I consulted.

I am being treated with massages, homeopathic medication and energy work.

After three weeks, my headaches had reduced. My long-term goal is to eliminate them completely.

I am off the medication I was taking before going to "Wellness Natural Health Centre", I have no visual auras and more severe symptoms have disappeared; some days, I now can say my headaches are minimal and this offers me tremendous relief.

Susan is a caring and very knowledgeable practitioner. I would definitely recommend "Wellness Natural Health Centre" to friends and acquaintances.

Joelle L.