

In 1995 I moved to Kemptville and needed someone competent in massage therapy. By asking around, the name of Susan Veale at "Wellness Natural Health Centre" came highly recommended.

After a few visits, I quickly learned that Susan had the strongest yet most dedicated fingers my back had ever felt.

As a bedside nurse of many years, my back muscles became very sore. Susan's massage would release the tension, stiffness and relax the spasmodic muscles in my neck, shoulder and lower back. What a relief to get good nights sleep after visiting Susan's clinic.

I also began to follow Susan's nutritional counseling advice and changed my eating habits to foods that promote self-healing.

Susan has been like a sister to me. In times of stress, I've certainly appreciated Susan's kind manner and listening ear.

Susan is very knowledgeable in her field. She problem solves and has shown a dedicated interest in solving my health care needs.

Personally, I'm grateful and thankful to have Susan as my health practitioner. I have and will continue to recommend Susan to others.

Sincerely,

Mary D.
Kemptville ON