

Illness



In this month's article, I wish to address illness from a natural health point of view.

The first and only line of defense the human body has against disease is the immune system. A compromised immune system leaves the body weak at the cellular level. There are thousands of factors from "A to Z"; age to lack of zinc, that contribute to cellular weakness.

Most people consult medical advice after symptoms of illness appear. This in many cases is like putting the cart before the horse.

In my clinic I teach people how to prevent disease or to work within the boundaries of disease.

For comparison purposes, in dentistry, daily tooth brushing does not eliminate the need for yearly professional cleaning or the eventual possibility of cavities but what it does prevent for most people is premature tooth wear or tooth loss.

In cellular health care, nutritional fuel taken daily helps prevent cellular damage and cellular stress. In severe cases of illness before invasive surgery or drug injection and assuming all conflicts have been taken into consideration, it is most beneficial to load the body over a period of time with antioxidants and nutrients; however, before purchasing commercial "off the shelf" products one needs to identify the requirements of their body as each human body is different and the requirements for individual health healing is different.

My therapies include testing the body to learn of its needs and from this information; I can suggest the right fuel from the right source. In addition, it is important to clean out the body of impurities by modalities of therapeutic drainage while adding new nutrients.

Lifestyle changes for many people are difficult to adapt but the lesson of cancer or other degenerative disease is more expensive than lifestyle change as often the outcome is not pleasant.

Human organs consist of several thousand or millions of cells. Healthy organs in the body vibrate at certain frequencies and temperatures. This frequency and temperature changes if the organ is compromised or diseased. To repair the organ, specific compounds from nature that vibrate at the same frequency as the healthy organ are needed and by taking these natural compounds over time, the organ rebalances and heals provided the cellular structure of the organ has not been compromised past the state of no return.

The planet offers fuel in natural form but it cannot force. The other component that is important is the energy of the substances being used as fuel.

Sometimes you need combinations of those things that occur in nature that have the same or similar vibrational frequencies that human cells need such as metals or minerals or plants. Synthesizing or alteration from natural to unnatural does not carry the same frequencies and the body responds only to what it recognizes.

There are basically three types of medicine in the world today. One is allopathic which is chemically and synthetically; one is homeopathy which is natural based which is actually based on vibrations because the substances are succussed into a vibration rate by their potencies and the third one is plant medicine or botanical medicine such as in Chinese medicine or Indian medicine and of course herbal medicine.

Synthetics do not vibrate; Homeopathics vibrate and are able to be changed according to the processing and botanicals vibrate but they cannot be changed.

Prevention of illness is choice. Those who chose natural illness prevention find the outcome to be less expensive in terms of money and time. No one wants to be ill; no one can afford illness.